

Choreocosmos - three eurythmy-based workshopswith **Robert Powell** in **Melbourne****Rudolf Steiner's Foundation Stone****Rudolf Steiner's Seven Seals****The Rose of the World**

each workshop includes lectures and eurythmy-based movements with classical music. To gift someone you love, reserve a place online:

<http://sophia-australis.org>

or email enquiries@[sophia-australis.org](mailto:enquiries@sophia-australis.org)

at the **Michael Centre**

37a Wellington Park Drive, Warranwood

The Michael Centre is also home to various Anthroposophical strivings and courses. Sophia Australis is grateful to be able to use this most amazing space each Monday afternoon as well as for various events and workshops.

About **Robert Powell** and **Marcia Burchard**

Robert Powell has again been invited by Sophia Australis to visit Melbourne for the forthcoming workshops. Robert, who completed his Eurythmy training in Germany as well as obtaining a PhD on the history of the zodiac after completing his MSci in mathematics, is well known as a speaker and author in especially Europe and the USA. His innovative work includes creating dances of the planets and the zodiac based on Steiner's indications, as well as movement to sacred prayers accompanied by sublime music.

Robert's deep devotion to the art of eurythmy – cosmic and sacred dance – and his love of the stars and of Divine Sophia have lead him to be involved in the establishment of the Sophia Foundation of North America and of Italy as well as being present during the establishment of Sophia Australis. Robert brings his own depth of experience of the stars to life in our workshops – through music composed in specific keys relating to the signs of the zodiac, through his in-depth talks, and through the Sophia Grail Circle evening meditations or star-gazing meditations focussed on the mysteries of the night sky.

Marcia Burchard (USA) will accompany Robert's workshops. Marcia's extensive piano repertoire includes all 84 cosmic dances as well as the music for the sacred prayers and the Sophia Grail Circle celebrations. Her noble, sensitive playing lends a wonderful depth to the experience of the work. Marcia is also a composer and teacher.

Fri. 1st	Sat. 2nd	Sun. 3rd	Mon. 4th	Tues. 5th	Wed. 6th	Thu. 7th	Fri. 8th	Sat. 9th	Sun. 10th			
morning: 9:30-12:30	The Foundation Stone of Love	workshop: \$200 \$150 (conc.)						New Sophia Mysteries & the World	workshop: \$200 \$150 (conc.)			
Lunch afternoon: 2:00-5:00										workshop: \$550 \$450 (conc.)		
Lunch (full days) and morning tea included with workshops												
7:30 pm	Grail Circle 7:30 pm	Lecture 7:30 pm								Grail Circle 7:30 pm		Grail Circle 7:30 pm
Concert Recital with Marcia Burchard & Marcus Cox	Foundation Stone Liturgy	The Seven Seals (lecture)		Incarnation through the Planetary Spheres		The Seven Seals (celebration)		Liturgy to Mary Sophia				

Eurythmy-based ChoreoCosmos:

a sacred movement workshop in January 2016

Gifting someone a workshop in sacred movement and the opportunity to experience moving eurythmically is quite something! For those amongst us who have previously been recipients of this opportunity, the year opens with replenishing grace.

Just over a hundred years ago, Rudolf Steiner, better known for his influence in biodynamic agriculture, architecture, homeopathic medicine, and education, developed a number of other areas in the arts, in social theory, and in philosophy. One of these arts is a sacred harmonious bodily movement reflecting the human qualities inherent in vowels and consonants, tones, moods, as well as forms for the planets and the zodiac.

In the 1990s, Robert Powell, a trained eurythmist with a PhD on the history of the zodiac, combined his work in these movements and the zodiac into what he refers to as sacred dance of ChoreoCosmos. The January 2016 workshops, hosted by Sophia Australis, gives us the opportunity to work with these eurythmic forms in reflecting zodiacal constellations and planetary positions.

The focus for the main workshop will be moving with planets in signs of the zodiac as they further connect to imagery of the seven 'seals' displayed at the 1907 Theosophical convention in Germany. These, though based on a design by Eliphas Levi, were re-shaped with more spiritually oriented depictions of Michael, of Maria-Sophia, Christ, and the Grail (amongst others).



Accompanying Robert is pianist, composer and musical lecturer Marcia Burchard from the USA. Marcia's playing is incredibly sensitive and moving, with a mastery reflecting her own devotion. Prior to the workshops, Marcia, together with Marcus Cox, Eva-Maria Eller, and Clare Hamer, will be opening the new year with a concert, detail for which is posted on the Sophia Australis website.

For the January workshops, a day typically opens with eurythmic movement, followed by a break, then a discussion of presentation by Robert Powell, lunch, further discussions, an brief afternoon break, and concluded with further eurythmic movement. No prior knowledge or experience is required, just an interest in developing graceful movement.

Registration for the events are open. Enquiries may be made by email (enquiries@sophia-australis.org) or by telephoning Alison at the Michael Centre (in Melbourne's outer east) on (03) 9876 7152 (please note that Alison may be unable to answer your call after the 23rd of December - in which case please use email, and we'll call back).